

# WORDS OF WYSEDOM!

ADVICE FROM OUR MENTORS ABOUT STARTING

# HIGH SCHOOL



Join clubs to learn more about your interests and don't be afraid to use upperclassmen as a valuable resource!

**Don't change for anything! Stay true to yourself!**

*Try not to overthink things and don't be afraid to get to know people that aren't exactly like you.*

*Every opportunity to build a new relationship is an opportunity to further your own growth!*

If I could give my high school freshman self some advice, it would be to stop comparing myself to others all the time! (I'm STILL learning how to do this)! Comparison is the thief of happiness. Only compare yourself to yourself and your own progress, anything else is a waste of time. Also! I would tell myself to stop wishing away time. High school may seem like it drags on forever, but time really flies and I wished that I had cherished that time with my friends and family more because everything really changed forever when I went to college. GOOD LUCK ladies! <3

**Don't try to change yourself to make others like you!**

Boys are trash. One time I liked this boy so much I gave him my record player for his birthday present, and he didn't even say thank you. Don't do it. Keep that record player. Empower yourself, and don't compromise your own personality in the hopes that they will like you back. I have done anything from pretend I like dubstep music to forcing myself to have hour long conversations about soccer because I wanted the guy to know I am interested in him. It is not worth your time. One day you will fall in love, and it will be beautiful and breathtaking but that does not have to happen right now.

**Sometimes your parents know more that you think they do! It doesn't always hurt to listen.**